

ST. FRANCIS DE SALES CHURCH



LOVE OF GOD & LOVE OF NEIGHBOUR

April, 2019

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Volume VIII



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Editorial ...

“Jesus answered ‘You shall love the Lord your God, with all your heart, with all your soul, with all your mind. This is the first and the most important of the commandments. But there is another one like it; You shall love your neighbour as yourself.’” Matt 22:37-39.

Dear Readers,

St Francis de Sales Church Koperkhairane proudly presents the VIIIth edition of the Church Magazine with the theme “Love of God and Love of Neighbour”, so core to our Christian way of living.

The Church magazine will reach out to more than 400 families in our parish as a unifying force, igniting the flames of faith and kindling in individuals a great desire to serve God.

We are sure that the enthusiastic write ups, poems, jokes, puzzles etc. will hold the interest, admiration of our readers. It is a pious attempt to let our parishioners give shape to their creativity.

To all those who took the effort to pen an article or poem, we are sure that the process of compiling, composing and finalising the same would have triggered that spark of Love that must have made the season of Lent much more meaningful.

We have a special section “Let's Celebrate” where pictures and Certificates of achievement of our parishioners in fields of academic, sports and arts are showcased. Congratulations to all. You are all winners.

A special section is devoted to our children to give the budding artists wings to their talent and creativity.

We have put in our best efforts to capture significant events and celebrations held throughout the year.

The hard work, time and efforts put in by the editorial team, with the able support of our Parish Priest Rev Fr. James Mascarenhas MSFS and the always obliging and hardworking Kingston, is nothing compared to the satisfaction it has given us in putting it together.

We take this opportunity to say a heartfelt THANK YOU to all who contributed, by way of writing, ads, etc., as their contribution is the reason that makes this magazine endearing with our readers, and helped us meet the deadline and bring out the magazine to you on time.

Wishing each one of you and your families A HAPPY EASTER and may all your lives be filled with peace of the Risen Lord.



Anand Francis Prasanna



Shanthi Therese S.



Carolynn Francis



Savio Dourado

From The Parish Priest's Desk



ALLELUIA!
ALLELUIA!
JESUS IS RISEN!

Wish you a very Happy Easter! We are now renewed in and through our Risen Lord. We have become Spirit filled, grace filled people.

The resurrection of Jesus is the centre of our Christian life. From the resurrection of Jesus has emerged new Christian life. In other words our Christian life is based on the resurrection of Jesus Christ.

St. Paul says, "If Christ is not raised from dead, then our preaching is in vain and your faith comes to nothing (1Cor.15:14)." Thus the resurrection of Jesus Christ is the foundation of Christian faith. This is our faith and we ought to grow in this faith. We must keep the flame of faith burning within our hearts and minds.

I take this opportunity to thank the editorial team for their meticulous planning, valuable time, and hard work. I appreciate your total commitment in bringing out the Parish Magazine. I sincerely thank all the parishioners for your co-operation throughout the lent season and your generous contribution towards the success of Holy Week.

May the Risen Lord bless all your families and homes. May the peace of the Risen Lord prevail in your hearts and homes. Let us always remain Easter People and grace filled people, doing God's will. May you have a fruitful Easter season. Amen.



HAPPY EASTER



Quotes of St. Francis de Sales

(1567-1622)



- o Nothing is as strong as gentleness. Nothing so gentle as real strength.
- o Let us run to Mary as her little children and cast ourselves into her arms with perfect confidence.
- o Never be in a hurry. Do everything quietly and in a calm spirit. Do not lose your inner peace for anything whatsoever, even if your whole world seems upset.
- o To live according to the Spirit, is to love according to the Spirit.
- o Honours, ranks and dignities are like saffron which grows better and flourishes when trampled under foot.
- o Friendships begun in this world will be taken up again, never to be broken off.
- o Reputation is rarely proportional to virtue.
- o The measure of love is to love without measure.
- o If we walk steadily and faithfully... God will lift us up to greater things.
- o One single day of devotion is worth more than thousand years of worldly life.
- o Grace is never wanting, God always gives sufficient grace to whoever is willing to receive it.
- o God is merciful to those who want to love Him, and have placed their hope in Him.
- o When all shall fail us, then God will take care of us and then all will not fail since we have God.
- o What we need is a cup of understanding, a barrel of love and an ocean of patience.
- o Put aside all anxious thoughts and be at peace.
- o Have patience to walk with short steps until you have wings to fly.
- o The essence of chastity lies in simplicity and purity of heart.
- o Humility is the virtue of virtues, because it is the sea that attracts, encourages and preserves all other virtues.
- o What good is to build houses in Spain, when we live our lives in France?
- o We must fear God through love, not love Him through fear.

In Loving We Grow

A child will grow if loved and cared for. Similarly you and I will grow if loved and cared for. Thus every human being, every animal, every plant needs to be loved. It is a human want as well as a human need. The one who is deprived of love is deprived of human growth. The Psalmist says, **"Do not hide your face from me, or I shall be like those who go down to the pit"**(Psalm 143:7). Hiding face from me would mean depriving of love to someone who is in need. In loving God and neighbour we grow in our life. Our life growth is based on loving God and loving neighbour. It is the way to human perfection and holiness.

The scripture exhorts us to love God first. **"You shall love the Lord, your God, with all your heart, with all your soul and with all your mind (Mt.22:37)**. How shall we love God when we do not see Him? Our faith has eyes. Our faith sees Him. We love Him by being faithful to Him, observing His commandments and putting it into practice. Our love for God is based on His commandments. His commandments are the keys to human growth. His commandments exhort us to renounce sin, like for example God tells us **"Do not commit adultery."** (Deut.5:18). By renouncing every sin we love God. God is pleased with it. We become more and more human person and divine person.

But without loving our neighbour, our love for God becomes futile. Therefore love of God begets love of neighbour. In fact both are attached to each other and they go hand in hand. Jesus in the Gospel, says **"You shall love the Lord your God with all your heart, with all your soul, with all your mind. But there is another one like it, you shall love your neighbour as yourself."**(Mt 22:37-39) Love of God is to be expressed in love of human being. Jesus Himself is an example of love. He loved God and people unto death. His sacrifice is love. There is no greater love than this. The perfect love Jesus poured out on us human being. We are challenged by this. We are challenged to verify our love of God by our love of neighbour.

We often question- who is my neighbor? or we often choose particular neighbour or select particular person. Jesus is challenging us today, saying, **"If you love those who love you, what credit is that to you? (Lk 6:32)** We should not figure out who is my neighbour, rather we should become a neighbour. Being likeminded person does not help us to love God and neighbour. In fact it prevents our growth and makes us narrow minded. We need to be broad and single minded. Being selfish, narrow minded creates long distances between human beings. Thus we need to die to selfishness.

Empathy is the way to show our love for God and neighbour. According to Daniel H. Pink, **"Empathy is about standing in someone else's shoes, feeling with his or her heart, seeing with his or her eyes. Not only is empathy hard to outsource and automate, but it makes the world a better place"**. Therefore selfishness must be replaced by empathy. We all have the ability to be empathetic. When we are one with a person who is going through lots of problems, we become empathetic. When we are empathetic we take positive step to help a person with love.

Love is a medicine that brings healing to everyone. St. Mother Teresa with her love lifted up the downtrodden, brought healing in their life. Love is an instrument that makes a person happy and smiling. A woman looks after all babies while their real parents are away, gone to work in their offices. She makes all crying babies smile with her instrument of love. Love can win the souls and battles. Martin Luther King said, **"Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do it. Hate multiplies hate, violence multiplies violence, and toughness multiplies toughness in a descending spiral of destruction."** Love is the only force capable of winning and building the Kingdom of God. In loving we grow and build the kingdom of God. Do you have doubts? Ask yourself, how did I grow in my life, and how am I growing in my life? Isn't it through love? Can hate, violence, unforgiveness, promote growth in our life? We are created by God for each other. If we create distance between each other, imagine what will be the result? It is said, that one blind man cannot lead the other blind, but they help each other to grow through love, brotherly concern and their being together.

What is happening in our country today? There is mob lynching, rape, harassment, human trafficking, etc. Hate speeches and aggressive debates are the order of the day, which we watch day in and day out on the . TV Channels. The outcome or the effect is that Love is growing cold and hate is spreading faster. We need to choose between spreading love and spreading hatred.

In spreading love, we grow and in spreading hate, we sin. It is up to us to make a choice. God provides another opportunity during this lent, be loving, give love, and share love. In conclusion, the words of Pope Francis is a reminder ***“Brotherly love and the love of God are inseparable and complement each other because they are two sides of the same coin. You cannot love God without loving your brother, and you cannot love your brother without loving God.”*** We as Christians, what is our mission? What are we looking for? We must imitate our Lord, for by loving we grow.

- Fr. James Mascarenhas MSFS.



Love During Difficult Circumstances

When I prayed for a thought as to what I wanted to write in this magazine, what struck me was this question, “How do you love someone who hurt you cruelly? A person who hurt you so much that you lost a loved one, your dignity or a part of your body?” How are we to deal with these acts of viciousness? In cases where anger is justified, retribution becomes a response, where does that leave Love of Neighbour?

Just want to share a personal anecdote here. My 10-year-old daughter is an animal lover and a cat mauled her very badly while she tried to pet it. She was bleeding profusely and had to administered more than 14 injections in her injured hand within a span of 2 hours of the incident. She was hospitalised and in terrible pain. The next day, I asked her if she still loved cats. This is what she said, “The cat that mauled me was guided by fear of humans. One cat hurt me badly, but I cannot stop myself from loving all animals. If I do that, all the love I have in my life would go away and I would be sorrowful”

Jesus's Commandment to us is to **“Love God and Love your neighbour.”** We cannot wish this commandment away when circumstances are difficult and only follow it when your neighbour is a loving person. Jesus tells us in Luke 6:32-36 **“If you love those who love you, what credit is that to you? Even sinners love those who love them. Be merciful, just as your Father is merciful”**

The point here is about God and us. It is never about the person who hurt you. We need to be right with God. We are all created through God's Love. There is no being on the earth that is not here through God's will. We have to always have faith that God's plans are always greater and better than our plans and ideas, no matter how grand they seem to be.

Anger, fear and retribution are agencies through which the Devil takes control of our head to create chaos. Our faith gets shaken when depraved incidents occur. The atmosphere leads us to fear and loss of hope which, is exactly where the Devil wants us. Like my daughter, can we hold on to love in the adverse of circumstances? God asks us to be child-like in faith. As Christians, we need to surrender everything to God and follow where God guides us. He would make all things right. It is the Lord's promise and it cannot be taken as anything, but the Truth. Forgiveness is the best example of God's Love that was poured out to us through his son, Jesus Christ.

- Dr. Kamakshi Christopher

“Therefore encourage one another and build each other up,
just as in fact you are doing.” **1 Thessalonians 5:11**

Our Young Ones & Jesus...

Love Your Neighbour As Yourself

When we think about love of neighbour we think of our friends, relatives or the people next door; but do you love them? If yes, then let's see if you love these people. On 14 February 2019, more than 40 of our soldiers were killed in a terrorist attack. This has disturbed our country and now people want revenge. Do you think this is the solution?

Terrorism has no religion and if we also spread violence then who are we? As Malala Yousafzai wrote in her book, "with guns you can kill terrorist, but with education you can kill terrorism". If we take revenge, an eye for an eye, the world will be blind. Jesus tells us that you must love your neighbour as yourself. So, we should love and not take revenge, to identify ourselves as a follower of Jesus.

The Bible says "Do not repay anyone evil for evil" (Roman 12: 17) . The way to overcome evil is not through personal retaliation or hatred, but through personal good and compassion.

**-Arlene Wilson
VIII Std.**



Love Your Neighbour - A Friend

You should love your God and neighbour,
Don't think of it as a favour.
Try to be friends with the person next door,
You may feel better than before.

Even if your neighbour is rude,
Stay in a cheerful mood.
Even if your neighbour is feuding,
Stay kind and soothing.

Love your God and neighbour as well,
You work for heaven and not for hell.
So don't be mean and don't hate,
Friendship and love is much more great.

**- Sarah Dias
Std VII**

Click Click Goes The Chirping Bird

Click click goes the chirping bird,
through my windows straight it goes,
Sparrow, crows and other birds,
click click goes the chirping bird,
some are crazy some are angry,
click click goes the chirping bird,
through the rainbow from seven colour,
click click goes the chirping bird,
through sea blue in the clouds and the beach of sand and water,
click click goes the chirping birds,
through my window straight it goes,
sparrows, crows and other birds,
click click goes the chirping bird,
every bird wishes to say,
save me don't kill me,
mother nature needs me.

(Let yourself be free because even broken wings can fly.)

- Patricia Andre D'Souza



Love Of God Through My Neighbour

Having shifted out residence a number of times, I believe that we are best insured if we have a 'good neighbour', and vice versa.

What happens when we shift to a new house? We are curious to know everything about the place and most of all we eagerly want to know about our new neighbour, if there is one.

With a small introduction, conversations begin and unknowingly develops into a warm relationship with the concerned neighbour. We learn somethings from each other; share our time and services with each other. The children and grandparents of both families bond together.

Slowly we realise, though there are walls separating our homes, our hearts unite over festivities, birthdays, anniversaries, graduation, new job etc. Sometimes we share in each other's griefs and sorrows. Neighbours are just a call away and are ready with their services or solution to our problems. Sometimes we share each other's grocery list and complete each other's work, a satisfaction no words can describe.

Hence, I say when 'A neighbour' becomes 'My neighbour' we are best insured in love and service, keeping with the most important commandment which Jesus gave us "Love your neighbour as yourself."

- Asha Jayaseelan

Love Your Neighbour As Yourself

Matthew 22:39 “Love your neighbour as you love yourself!”

Loving your neighbour as yourself is found eight times in the Bible. Not once, not twice but eight times. Loving your neighbour as yourself is so important to God that He not only repeats himself, but makes it a command; and not just one in a list of many commands. Jesus couples the command to love your neighbour as yourself with loving God with all our heart, soul, mind, and strength.

It sounds beautiful.

But loving your neighbour as yourself isn't always easy. That's why God made it a command. He knew we'd struggle. Making it a command is actually to our benefit. How is that?

To begin to love your neighbour as yourself, you need to know two things; you need to know what Love is and that you are loved.

You are the object of this love. God loves you. Knowing this is imperative. Not just love in a general kind of way, but with a deep love and an unconditional love. We tap into this when we understand that God loved us first. He's the source of our love. God loved us even before Jesus gave Himself for us. Before we can give this love, we need to receive it for ourselves. You can't give what you don't have.

The promise, put simply, is that the more you look inwardly and love yourself, the more you can love others and be at peace and content.

One self-love article put it like this: “We treat others in the same way we treat ourselves. And if I am uncertain about my worth, I will be uncertain about the worth of others.” A lack of self-love is seen as the root of all sorts of issues ranging from depression to bullying to obesity.

But as appealing as the idea of self-love may sound, I believe there are key ways in which this teaching falls short of the biblical alternative.

What Is “Self-Love”?



First, let's begin with definitions. This is especially vital when dealing with extremely ambiguous concepts such as self-love, which everyone tends to define individually. The “self-love” I am writing about is that which I have most frequently encountered in society, in the movies, among friends, and even in the church.

Self-love is an *introspective prioritization of self*, aiming at a deeper love and acceptance of self. It is a meditative focus on one's own positive traits. Self-love seeks freedom from negative thoughts about oneself — whether guilt or insecurity or even awkwardness. It is seen as the key to the love of others and the love of God, because as long as there is any discontent with self, we are unable to devote ourselves to these.

Self-love is unsatisfying.

The first problem with looking inward for love of self is that we're flawed. When we look inward with clear eyes, we don't like what we see — at least we shouldn't. We can see sin in all aspects of our lives. We see that we are deeply flawed. Self-love philosophy promises that if you look inward and can find a way to love what you see, you will find peace. But due to our massive shortcomings, we cannot find satisfaction in ourselves.

The philosophy of self-love is based on the idea that humans are fundamentally good and lovable. When self-love doesn't work and we are dissatisfied, we might attribute this to our own blindness. “We just can't see how beautiful we really are!” But Scripture and personal experience both show that without looking beyond ourselves to God, there is very little to love.



Active striving for the love of self leaves us dissatisfied and usually fails. In my experience, there is even a correlation between depression and reliance on self-love. Self-love is one of our highest forms of self-deception; we gorge ourselves on the biblical truth of our human worth — being created in God's image — but refuse to swallow the balancing truth that our own sin has robbed us of loveliness. Self-love is fundamentally unsatisfactory and lacking, because we are somehow expected to ignore half of who we are — sinful humans.

God doesn't want you to accept your sins.

An unbiblical view of self-love not only leaves you unsatisfied; it can leave you unsanctified. If we dismiss the convictions of conscience as simply lack of self-acceptance, we risk misidentifying gracious warnings from God as attacks from Satan. When we do this, we forget the crucial difference between God's invitation to *come* as you are and the unbiblical invitation to *stay* as you are. When God calls us, he genuinely loves and embraces us; having fulfilled all conditions himself for our full acceptance. But in the same act, he calls us to hate our old nature and lay it aside, to strive for renewal, and to deny ourselves. God does not want us to simply achieve a heightened acceptance of self; he desires our sanctification.

Though we may not realize it, the call to “just love yourself more,” when it is offered in answer to feelings of guilt, can undermine this key truth. Neglect of biblical truth leaves the truly regenerate heart even more dissatisfied and confused.

The “self-acceptance” of the children of God is not an active striving to love ourselves more. Rather, it is coming more and more to see ourselves as God sees us: flawed, guilty, inadequate humans.

True self-love is acceptance of ourselves as *redeemed* people. Yes, we are loved and accepted, but it is precisely *not* because we are worthy in ourselves, but because *God* is worthy. Only when we accept the reality of redemption can we find freedom to look outwards. When our gaze is bent inward on ourselves, we fail to love God and cannot hope to love others.

Do You Love Yourself Enough?

To love your neighbour as yourself as commanded, you need to measure correctly. The measurement within this command is — as yourself. To love your neighbour as yourself you need to love yourself. This is something that gets misunderstood in the body of God often. It gets mixed up with dying to self and denying self as if we need to destroy our self. This is not true.

Jesus died for each and every one of us. If Jesus valued us enough to go through what He went through, we owe it to Him to value what He values. We need to love what He loves — Us.

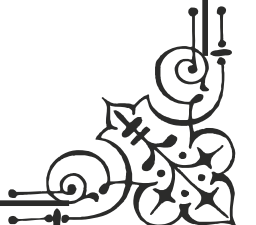
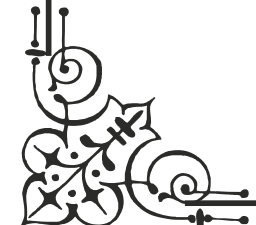
How dare we not love what God loves?

Do you love yourself enough to stop denying that your faults, your inadequacies are as real as your virtues?
Do you love yourself enough to stop scraping together self-worth from broken, sinful pieces of self?

The message of religion is a message of *freedom* from efforts to love our broken selves by providing a worth that comes from outside of our brokenness — a worth that comes from God.

Do you love yourself enough to accept that?

- Clifford Francis



“For the entire law is fulfilled in keeping this one command:
Love your Neighbour as yourself.” Galatians 5:14

The Wound in the Shoulder of Jesus

It is related in the annals of Clairvaux that St. Bernard once asked Our Lord which was his greatest unrecorded suffering, and that Our Lord condescended to answer: *"I had on my shoulder, while I bore my cross on the way of sorrows, a most grievous Wound, which was more painful to ME than the others, and which is not recorded by men because they know not of it. Honour this Wound by this devotion and it will grant thee whatsoever thou dost ask through its virtue and merit. And, in regard will remit to them all their venial sins and will no more remember their mortal sins"*.

Prayer

O most loving Jesus, meekest Lamb of God, I a miserable sinner, salute and worship the most Sacred Wound of the Shoulder on which Thou didst bear Thy heavy Cross, which so tore Thy flesh and laid bare Thy bones as to inflict on Thee an anguish greater than any other wound of Thy most blessed body. I adore Thee, O Jesus most sorrowful; I praise Thee, I bless and glorify Thee and give Thee thanks for this most sacred and most painful Wound, beseeching Thee, by that exceeding pain and by the crushing burden of Thy heavy Cross to be merciful to me, a sinner, to forgive me all my mortal and all my venial sins, and to lead me on towards heaven along the way of the Cross. Amen.

Novena to the Sacred Wounds

O Lord Jesus Christ, Whose sacred Feet were often weary with seeking the lost sheep of the house of Israel, pardon me the heartless ingratitude of nailing those weary Feet to the Cross

O Lord Jesus Christ, Whose Hands full of gifts and blessings, were ever outstretched to a people who contradicted Thee, pardon me the sins that nailed those gracious Hands with heinous ingratitude to the Cross.

O Lord Jesus Christ, on Whose Countenance, once beautiful amongst the sons of men, my sins have fallen like heavy blows, give me grace in gazing on Thy bruised Countenance to sorrow for my sins that in Thy mercy their foulness may be effaced.

O Lord Jesus Christ, dying on the Cross Thy head bound with thorns in mockery of Thy Kingship, give me grace to bow down my head to receive willingly every humiliation in penance for my sins.

O Lord Jesus Christ, Whose adorable Heart ever throbs in life with love for me, and Who allowed that Heart when stifled in death to be opened with a spear, that thus riven. It might be forever a symbol of Thy consuming love for me, grant that my heart may be broken with sorrow for my sins and consumes with love for Thee. Amen.

Prayer

Grant, O Lord Jesus Christ, that we who devoutly worship Thy five most precious Wounds, may keep them deeply impressed upon our hearts, both in our life and in our deeds.

Glory be (5 times)

The faithful, who in memory of the five Wounds of Our Lord Jesus Christ say five times Our Father, Hail Mary and Glory be, together with the following verse:

Holy Mother, pierce me through; In my heart each wound renew Of my Saviour crucified.

May obtain:

An indulgence of 3 years;

A plenary indulgence once a month under the usual conditions for the daily recitation of the same.

"When thou desirest that God should bow down to thee, bear within thy heart the Wounds of Jesus Crucified."

- St. Bonaventure



We share Thee, Oh Christ, and we bless Thee,
Because by Thy Holy Cross,
Thou hast redeemed the world.

- Jovita Sequeira

Who is my Neighbour?-

Mathew 22:37-39, Jesus said “Love your God with all you heart, with all your strength, with all you mind and with all your soul, Love your neighbour as yourself”.

Now how can we love God when we cannot see Him? How can we love someone who is invisible?

We can love God by loving our neighbour. Now if we have the vision of Christ, then all my neighbours represent to me as God, and when I love them, I show my love to God. Mathew 25:35-36 “When I was hungry you gave me to eat, when I was thirsty you gave me to drink, when I was naked you clothed me, when I was sick you visited me.”

Who is my neighbour?

Everyone who lives with me, who are in contact with me, or whom I may not know but is in need of me is my neighbour.

Three years back I was celebrating my Birthday. Our children went to bed early in the night as they had to get up early in the morning to go school, so we were not able to cut the cake with them. As a family we decided to cut the cake in the afternoon with the children. I had some work in Thane and was to be back home, by the time the children would be back from school, to celebrate my birthday with the children, as decided. While I was still at Thane, I received a phone call from an unknown person saying “I am in the hospital for 15days and I have no one to see me, please come to visit me now” I asked her how and from where did she get my number. She said when she was on the streets, someone who was in Niramay Niketan (AIDS Home, Trombay) gave her my number. I was speechless. She sounded very sick and low. I had a choice to celebrate my birthday with my kids or go and see this person. As I closed my eyes listening to her, something within me just made me ask her which hospital she was in. She said “JJ Hospital”. Thinking that JJ Hospital is in Mahim, I left to see her without informing my family. When I reached Mahim, I asked someone for directions to JJ hospital and he informed me that JJ hospital is in Byculla. I called the lady to confirm and she said that it is right. I picked up my bike and started my journey again towards Byculla and I reached the hospital at about 4 o’ clock in the evening. As I went in to her ward, to my surprise this lady was just bones wrapped in skin. She was in a filthy condition, and no one would pass by her as the stench near her was unbearable. I spoke to her and she said she is suffering from AIDS, TB and so on and for the last 15 days she has been urinating and defecating on the bed and she is somehow managing to roll and keep everything at her bed only. She said that even the nurses do not come to give her medicine without putting a mask on the face. I saw that the work was too much for me and time was a constraint and told her I would get some help from some ladies and get some nighties for her and would clean her up tomorrow. I told her that it was my birthday and I have to go back as I have to give a talk in Mankhurd Parish. She took my hand and prayed “Lord bless my father who is come to see me, where ever he goes protect him, let your angels guard him and whatever he does may flourish, Amen”. That was the biggest gift I have ever received in my life on my birthday. I left from there that day to come and see her the next day. I asked for help from some ladies whom I knew for nighties and they were generous. On the 2nd day I reached at 2 o’ clock in the afternoon and lifted her up, gave her Johnson wet wipes, bathed her and changed her, and kept her in the sun during which time I managed to clean the 15 days garbage and changed her mattress. She was alive for 4 days and I used to visit her every day and on the 5th day she died.

Who was my neighbour in this real incidence? Jesus is looking at us and wants to see how much we love God. As Jesus says in Mathew 25:40 “Whatever You do to the least of my brothers you do it unto me.”

- Edward Serrao.

“So in everything, do to others what you would have them do to you,
for this sums up the Law and the Prophets.” **Matthew 7:12**

"Change" is the only constant for "You".

God most precious creation...Man (referred as "You") has a center stage position in his most holy institution - The "CH-UR-CH", where CH is Change in which "You are" constantly surrounded by.

The change "You" need to bring is to "love one's self" holistically...mind, body and soul. It is how we love our self that will define how we will love others, agreeably said in the Bible as "love thy neighbor as yourself".

When we travel by air, the instructions given to us is to take care of one's self before helping infants/others in case of any emergency. Even in our own family, if one is not healthy then how would we take care of other members.

As Mahatma Gandhi once said, to change the society we first need to change our self.

Just a caveat ... don't misunderstand that "You" need to be selfish but rather selfless...constantly showering kindness unto other like confetti.

Few exercises to kick start the change in "You",

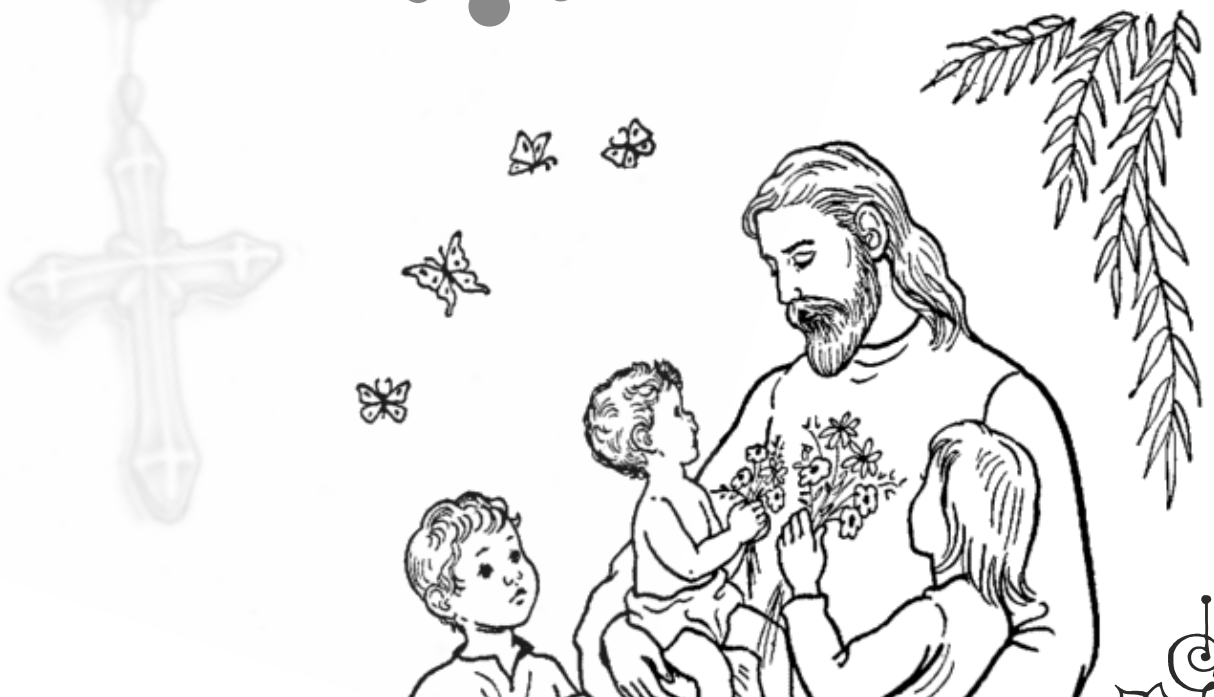
- => Have an attitude of Gratitude
- => Meditate
- => Be generous
- => Walk in nature
- => Have Empathy
- => Good eating habits
- => Forgive
- => Rejoice
- => Live in the present
- => Dream



Would like to Conclude by Michael Jackson's meaningful words from one of his song which goes...

I'm starting with the man in the mirror
I'm asking him to change his ways
And no message could have been any clearer
If you want to make the world a better place
Take a look at yourself, and then make that change....

- Hector Lobo



"Do nothing out of selfish ambition or vain conceit.
Rather, in humility value others above yourselves." **Philippians 2:3**

My Destination through Love

My love for Thee is like an ocean,
Wider than any instrument on earth can measure,
For you loved me so much,
That you gave us The One whom you most treasure.

Life is such with ups and downs,
We are at cross roads and in confusion,
But in this journey You gave us Jesus,
To help reach the ultimate destination.

It is, but all those angels,
Who have masked themselves as our neighbour,
For this sake our Lord and Saviour,
Asked us to love each other.

We know not who among them is our guardian angel,
While we too are tasked to lead others to heaven,
For we have one Father whose abode is Paradise,
Who waits to see his sons and daughters to come back to him,
To enjoy the banquet that he hosts for us,
And be happy till the end of times.

- Steffi Xavier

Nothing can change God's Love for You

If you're like me, you sometimes lose perspective on what is more important in life. We get so busy, so distracted and so worried about what is going on around us at the moment, at home, at work or wherever, that we sometimes lose sight of the big picture and instead focus on small things that are not really crucial. Thus we end up wasting our time and energy on what really isn't very important.

When we hear, "Love of God" our tendency is probably not to think too much in a bigger aspect but to think how we show affection through spirit life. How do we Love God and show affection through Spirit life? First of all, I think it helps if we remind ourselves again of the passage in the first letter of John; where John tells the first Christian community to whom he's writing, "My dear friends, let us love one another for love comes from God...for God is Love". John then goes on to say, "And this is the Love I mean: not that we loved God, but that God first loved us and God sent Jesus to be one of us". If we quietly reflect on that for a few minutes every day and just think: **God first loved us, God first loved me, before I could ever love God, God loved me into existence and God continues to support me by His constant love.** If you think about it deeply enough, you realize that God is Love, God loved us into existence, God continues to love us every instant of our lives and without God's love we are nothing

God will love us forever, into eternity, everlasting life. That is who God is – **God is love.** It's an act of love, not just being kind. God is always acting, loving us, supporting us, and holding us in existence. The deeper we let the realization sink into our consciousness, the more we begin to respond in thanksgiving. Everything we are and everything we have is a gift from God. We need to be thankful and praise God at every moment in our life.

Loving God means being thankful to God at every instant because God loves us at every instant. As we begin to develop that kind of Love for God, where we are deeply aware of God's love for us, then that Love begins to overflow onto our brothers and sisters.

Prayer:

Lord, I desire to Love you with my whole being. Increase my love for you and allow that love to overflow into every relationship I have in life. May LOVE be the one and only mission of my life. Jesus, I trust in you. Amen

-Anonymous

Biblical Reflections On Love Of God And Love Of Neighbour

“Heaven on Earth” will only be possible if we were to love God and love our neighbour as ourselves.

Love God, love yourself, love others as yourself and love nature to make this a reality.

Holy Bible says God is love [1John 4:7], and hatred is satanic [Ephesians 4:26,27]

If God is love, you and I should imitate Christ by loving God and others and our environment because Genesis 1:26 says “We are created in the image and likeness of God.”

Jesus said, “You did not choose me, but I chose you to bear everlasting fruit, the fruit of love” [John 15:16]

Reflection on Ephesians 1:4 leads us to some very important questions on our lives.

1. Why am I created?

2. Why am I chosen?

We are chosen in Christ before the foundations of the world to be holy and blameless before him in love.

Jesus says, “If you love me you will obey my commandments.” [John 14:15]

I give you a new commandment that you love one another just as I have loved you [John 13:34]

God's love is a self-giving love.

Clothe yourselves with love, which binds everything together in perfect harmony. [Colossians 3:12-17]

The deeds that can lead us to perfection could be, helping others in their need, being merciful, forgive injuries willingly, bear wrongs patiently, be compassionate. To lead a good Christian life, we must work to restore peace and harmony by learning to forgive and forget past incidences and also be ready to correct our own mistakes.

Let us look then, for what strengthens peace and what helps us to strengthen one another. [Romans 14:19]. As disciples of Christ we should try our best to attain perfection, for God the Father is perfect [Mathew 5:48]

-Mary Julius



The Most Important Commandment

Who is my neighbour? This is a seemingly unassuming question. However, its answer may not be that straightforward. We will return to it shortly.

The other question hovering in my mind is about the most important command. So when Jesus was asked what was the most important commandment? He said it was to worship the heavenly father with all your heart and might and not adore other gods and then he added to love ones neighbour as you love yourself.

So this neighbour Jesus spoke about was none other than everyone around. He didn't specify or define the term but explained it with the parable of the Samaritan who helps the wounded Israelite. In ancient times there was severe discrimination of the Samaritans by the Israelites who considered the former as the downtrodden. Still, despite the atrocities faced by the Samaritan at the hands of the Israelites, he didn't pass the opportunity to save the Israelite's life by ignoring his pain like his fellow Israelites did, who had crossed paths with the wounded person earlier. By acting the way he did, he showed true love towards his neighbour.

This is the easiest example Jesus could have given to us to make us understand who our neighbour is. Also, the reason why he wants us to love our neighbour stems from the fact that we all are children of one God. So, as a father feels for both the good and bad child equally, in the same way he expects us, his children, not to show partiality towards those who do good and those who are bad to us.

To prove his point, Jesus died for us sinners and forgave his perpetrators. There is no bigger example of forgiveness than Jesus himself. By loving every one we become eligible to be called sons and daughters of Almighty Father in its truest sense and it also reserves our place in the kingdom of God as we have lived and embodied the meaning of being a Christian by living just like our Saviour.

- Steffi Xavier

“Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.” **Galatians 6:10.**

“Food For Thought”

- ✓ It is possible to give without loving, but it is impossible to love without giving.
- ✓ We cannot do great things, but all of us can surely do small things with great love.
- ✓ We cannot feed 100 persons, but most of us can surely feed 1 person.
- ✓ He who gives when he is asked, has waited too long.
- ✓ Marriage is like eating with chopsticks, it looks easy till you try it.
- ✓ Success in marriage is more than finding the right person, it is a matter of being the right person.
- ✓ To be happy with a man you must understand him a lot and love him a little, to be happy with a woman, you must love her a lot and not try to understand her at all.
- ✓ A man who is good for the world is no good for his wife.



- ✓ A good husband should pretend to be deaf, and a good wife should pretend to be blind.
- ✓ Before marriage, man yearns for a woman, after marriage the 'y' is silent.
- ✓ Be silent or let your words be worth more than silence.
- ✓ In the silence of our hearts GOD speaks, and in the fullness of our hearts we speak.
- ✓ Alcohol is your worst enemy -yes, but the bible says we should love our enemies. That is true, but it doesn't say we must swallow them.
- ✓ A candle loses nothing of its light by lighting another candle.
- ✓ The weak can never forgive. Forgiveness is the attribute of the strong.
- ✓ If we have hurt others, pray that GOD will give us the strength to apologize, If others have hurt you, pray that God gives you the strength to forgive them.

- Jovita Sequeira

True Love

For GOD so loved the world that HE gave HIS only begotten SON, that whosoever believeth in HIM should not perish, but have everlasting life. JOHN 3:16

Do I deserve God's love? Am I doing my bit to reciprocate His love? Am I keeping His commandments to the best of my ability? Jesus said "Love your neighbour as yourself" (Mark 12:31). Is it easy for me to follow Jesus's teaching? No? ... Why?? Why am I at loggerheads with my neighbours all the time? I need to do a root cause analysis and work on it to improve my relations with my neighbor... Not just my neighbor, my relatives, my colleagues and all those who I encounter in day to day life.

The commandment "Thou shall not covet thy neighbour's goods" needs to be understood by us and implemented by us. It means, I should not be envying him / her for the materialistic things he/ she possesses.

What does the commandment "Do not commit adultery" mean to me? Do I understand Jesus's teaching in which He said that if you look at a man / woman with lust, you have committed adultery? Am I able to keep this teaching of Jesus?

Well if I want to follow Jesus, I have to not just read the Bible every day, but also understand His teachings and try to implement it in my everyday life. Difficult as it may seem, but it's not impossible. I recall a recent homily by Fr. Paul Pereira, asking us "Are you with values or with valuables?" If we truly want God's love, we should, of course imbibe all the moral values in life and NOT only run after valuables. I would like to quote from Mitch Albom's novel "Tuesdays with Morrie"

"As our great poet Auden said 'Love each other or perish'. Without love we are birds with broken wings" Yes... we surely will perish without love.

JESUS died for us knowing that we may never love Him back...that is TRUE LOVE.
PRAISE THE LORD.

- Irene Ruben



Love Of God = Love Of Neighbour

Mathew 22: 35 – 39 "Then one of them, who was a lawyer asked him a question tempting him and saying, 'Master, which is the greatest commandment in the law?' Jesus said unto him, Thou shalt love Lord thy God with all thy heart, and with all thy soul and with all thy mind. This is the first and greatest commandment. And the second is like unto it. Thou shalt love thy neighbour as thyself."

Luke 6: 27 – 28 "But I say to you, who hear me, 'Love your enemies, do good to those who hate you, bless those who curse you, pray for those who treat you badly.'"

Jesus commands his followers something which is not only difficult but also unheard of. The present world may brand these teachings impractical and unrealistic. With violence, terrorism and hatred all around us, the approach looks counterproductive, but Jesus does not preach this as something optional. This is a quality which identifies us as true Christians. And Jesus has shown it practically in his life. We all know and accept that God's love for us is the greatest love which we experience and that Jesus, by dying on the cross has proved his love for us.

Love of God and love of neighbour are inseparable. It is like the two sides of a coin. God created us out of love, so that we can love one another. It would be an illusion to pretend to love our neighbour without loving God or to pretend to love God without loving our neighbour. Both go hand in hand.

So the question is, how it is possible to love your neighbour unconditionally. To love one's neighbour who has done you harm is not a natural feeling. It is an act of will, a conscious decision. How do I love someone who has hurt me?

"A new command I give you: Love one another.
As I have loved you, so you must love one another." John 13:34

Here comes forgiveness, a virtue which many of us find it difficult to practice. Sometime ago, when I read about Priyanka Gandhi visiting her father Rajiv Gandhi's assassin Nalini Sriharan in 2008 (Nalini, the lone surviving member of the five member squad behind the assassination of Rajiv Gandhi) in Vellore prison in Tamil Nadu and that Nalini's death sentence was commuted to life imprisonment in 2000 following the intervention of the then Congress President Sonia Gandhi, wife of Rajiv Gandhi who pleaded for clemency for the sake of the convict's daughter, I was baffled. Priyanka who created a flutter in 2008 by meeting one of the conspirators in her father's assassination said she did not believe in anger, hatred and violence and will not allow these to overpower her. "It is my way of coming to peace with the violence and loss that I have experienced", she said.

More recently I saw an interview of Gladys Staines, wife of Graham Staines who was burnt alive with his two young sons in 1999 in Odisha. Gladys said in an interview that she and her daughter had forgiven the accused. She believes God is in control of everything.

These are some rare incidents which bring forth the deep connection between love, forgiveness and peace. It is rather easy to give a tooth for a tooth and an eye for an eye and feel happy about the fact that one's action towards one's perpetrators is justified. On the contrary, it takes a lot of courage to forgive someone who has harmed you or to make peace with that person. Most of us waste so much precious time and energy in contemplating whether our forgiveness will change our enemies or the people who have hurt us. What we do not understand is that love and forgiveness do not expect anything in return. It is an act of will, guided by a desire to make peace and not to live in hatred and revenge. Life becomes worth living without the burden of anger and negativity. Moreover how would we be different from those who spread hatred and animosity if we do not forgive and move ahead?

As Jesus said in Luke 6: 31-38 "Do for others just as you want them to do for you. If you love only those who love you, why should you receive a blessing? Even sinners love those who love them! And if you do good only to those who do good to you, why should you receive a blessing? Even sinners do that! And if you lend only to those from who you hope to get it back, why should you receive a blessing? Even sinners lend to sinners to get back the same amount! But love your enemies and do good to them; lend and expect nothing in return. You will then have a great reward, and you will be sons of the Most High God, for he is kind to the ungrateful and the wicked. Be merciful just as your Father is merciful."

Our lives are connected with each other. Those who choose to live in harmony, must help their neighbours live in harmony too. Those who choose to live in love, must help others to live in love too. And those who choose to be happy, must help others find happiness too, for the value of one's life is measured by the lives it touches.

- Sangeeta Rajkumar

"The one who loves another has fulfilled the Law" (Romans 13:8)

God loves the people because He is a creator. Jesus taught the people about the cost of love and discipleship. Jesus came to reveal His Father's love, and in this he was faithful even unto death. The Holy Spirit leads the people to love.

A disciple is one who imitates the guru. Am I willing to be a disciple of Jesus so as to reveal his love to others, even though it costs me greatly? Do I love the colleague who makes life difficult for me? Do I love my errant child even though he is an embarrassment? Do I love my taunting mother-in-law? Do I love my spouse despite the way he/she treats me? Do I love my maid who slogs to make my life easier? Do poverty and injustice around me move me to do something or just talk?

"Love is the fulfilling of the Law" (Romans 13: 10): the only way to fulfil the law is to love others. Jesus has a way of loving even "difficult to love" people and he will teach us how, if we will only turn to him. Let us attempt to love these around us in 'Jesus'. Let us ask the Lord for courage and boldness to hold fast to our faith and pass it on to others with Kindness and Love.

"Whoever does not carry the cross and follow me cannot be my disciple" – Luke 14:27.

- St. Luke's Community

"Love does no harm to a Neighbour. Therefore love is the Fulfilment of the law." Romans 13:10

Gift For The Worthy

Once upon a time, the ruler of a kingdom was holding court when the arrival of a holy man was announced.

The king stood up to greet him with folded hands. 'Welcome, saintly one!' he said bowing. The bearded sage held up his right hand in blessing. "God bless this kingdom!" he proclaimed. He was dressed in white robes, and held a glass vessel in his hand. A bag hung on his shoulder.

"I have travelled all over the country," he continued, "and I am indeed pleased to observe your kingdom. The people of village in particular really impressed me – the one that lies close to your capital. They are very hardworking, humble and honest. They work hard, they find time for prayer and God and also reach out to the ones in need both in their, as well as their neighbouring village. I also love how they enjoy their leisure time together in the evening."

"I am honoured to hear this," the king bowed. Pride was written all over his face.

"I wish to reward the people of this village with some gifts. Come with me to the village square," the holy man commanded, hurrying out.

The king followed him. The ministers and the courtiers followed the king and soon a large group of people were present at the village square. When he reached the village square, the sage climbed on to the raised platform built around a big Banyan tree. He put his glass vessel down, searched his bag and took out a sparkling white marble.

The people watched him, wondering what he was doing.

"God bless this kingdom!" the holy man cried. He threw the marble down on the ground.

To everyone's astonishment, it turned into a spotless white cow, as white as milk itself. The people had barely stopped exclaiming when he took out a brown marble and flung that down too. It changed into a humming bird. Finally, he took out a multi-coloured marble and as the people watched with bated breath, it was transformed into a large doll, the size of a 12-year-old girl.

"Now, listen all of you. This is a wish-fulfilling cow. Her name is Milky, she will appear every morning and provide enough milk for the village."

"The whole village!" the people exclaimed, astounded.

He held the bird in his right hand and stroked her with the left. "This bird's name is Kuhu. She will come and sing for you every afternoon when you all lie down to rest for a while."

"And this doll," he said "her name is Dolly. She will emerge at night to enthral you with her dancing during the leisure time together in the evening. The village folks gazed at their gifts wide-eyed. They did not know what to say. They were utterly dumbfounded.

"How can I thank you, holy one!" the king said, overwhelmed at this bounty.

"God bless this kingdom!" proclaimed the sage again and walked away with a smile.

The villagers danced with joy and celebrated these gifts.

Every morning, before the sun rose, Milky would come and stand under the Banyan tree. The villagers would milk her to their heart's content.

Every afternoon, when the sun was moving towards the west, Kuhu would alight on the Banyan tree and would sing in such a melodious tone that the whole village would fall into a deep restful sleep. And every night, when the people had finished their meals and were ready to relax, it was time for Dolly to come and dance. Life seemed perfect in the village. The villagers were happy and so was the king.

One day, a dreadful thing happened. The villagers rose at their usual hour and rushed to milk Milky but she stood still. She made a strange sound and refused to be milked. The people were shocked and dismayed, went home empty handed. In the afternoon they waited for Kuhu to come and sing to make them sleep as usual. Kuhu arrived but refused to sing. She only made some strange sound. The villagers were even more disturbed.

As night fell all of them waited for Dolly in eager anticipation. She arrived at the usual hour but she refused to dance. She too made some strange sound. The same thing happened the next day and day after day. The king was very upset to see his people so unhappy. He sent his men to look for the sage, but he was nowhere to be found.

Then one day, a very old and lame woman, came and sat in front of the Banyan tree." Listen!" she called out. "I can tell you what Milky, Kuhu and Dolly are trying to say through their strange sounds.

The people mocked her, saying "You are an ignorant old woman who spends the day selling candles outside the church and you claim you can help us! What can you do?" She was about to leave, when the king's chariot happened to pass that way. He heard the whole story, he commanded her to try.

The old woman began:

Milky says "The people fight every morning to get the milk first. Because it is free, they come first thing in the morning, even before they say their morning prayers and take much more than their need and are not bothered about their neighbours. My milk will not flow for people who fight over it.

Kuhu says "The people were very hardworking and her job was to soothe them for a while, but observed that they now oversleep and have become lazy and cannot find time for their neighbours in their time of need. I will not sing for lazy people".

And Dolly says. "It is unbelievable that these village folks have become so rude and foul-tongued. Earlier they were polite and humble. But now they fight and abuse the people from neighbouring villages who come to see her dance. They don't let them in. I refuse to sing for them"

The king was very hurt with the behavioural change in his people and acknowledged the interpretation of the old lady. "What reward do you want?" the king asked.

"Ah! The grand reward! All I want is that the village folks become their old selves again, loving God and their neighbour" the old woman replied and just walked away.

True to the old woman's wish, the villagers became their old, simple, loving, hardworking and God-fearing selves again and to everybody's great relief Milky, Kuhu and Dolly also went back to being normal.

- Sudershna Prasad

Oh God Shut Us In

I have always thought that Noah was safe inside the Ark because he built it according to God 's specifications. I thought that perhaps it was the strength of the gopher wood and the soundness of the architecture that ensured that the waters of the flood would not come into the Ark.

But I encountered a verse in the Bible that shifted this whole paradigm. Let's read what Gen 7:16 says..."The animals going in were male and female of every living thing as God had commanded Noah...AND THE LORD SHUT HIM IN...

Don't miss this... even though Noah had built the Ark, it was God Himself who SHUT him in, in order to shut out the waters of the flood... In other translations this verse says "The Lord sealed them inside."

May the Almighty God seal us inside His Ark of protection throughout 2019.

It is not the fact that you have locked your house that keeps you safe at night, It is not your good driving skills that keeps you safe on the road, neither it's your healthy eating habits that keeps you healthy - only God can shut you in and shut out the devil, that is seeking to devour you.

Father we pray that in this year 2019, as we walk into the streets and as we drive on the roads,...Oh God shut us in. Father we pray for our children that in the midst of dangers and molesters...you will shut them in, Father, keep out the flood waters of abuse, murder, accidents, diseases and untimely death. Oh God shut us in, shut us in your Ark of protection, into your Ark of compassion.

May GOD SHUT US IN AND SHUT OUT ALL ENEMIES AROUND US, AS WE OBEY HIM AND TRUST IN HIS WORD. In Jesus's Marvellous Name, Amen!!!

- Roseline Kharat

"May the Lord make your love increase and overflow for each other and for everyone else, just as ours does for you." 1 Thessalonians 3:12

Love Your Neighbour As Yourself

Mark 12:30 - 31 "Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength" The second commandment is "Love your neighbour as yourself" There is no commandment greater than these.

I think when we hear this Gospel we are challenged by these two commandments, our tendency is probably not to think too much about the first commandment about loving God because God is such a mystery.

God will love us forever unto eternity, everlasting life. That's who God is ...God is love. God is always loving us, supporting us, holding us in existence. The deeper we realise that we think to respond with love for God which is most of all gratitude, thanksgiving.

But as a Christian, I have reflected over the years as what it means to Love your neighbour. It reveals that we should consider loving our neighbours where we live, work or play. Many of us who declare our devotion to Christ would humbly confess how poorly we love our neighbours. We are unlikely to know much if anything about their life or family. We probably haven't discovered their challenges or rejoicings. A neighbour is not a project. Certainly we want to see all come to faith in Christ, but when we make that the objective then our neighbour feels exploited by our overtures. Loving your neighbour is not a program, but an attempt to reveal God's unprecedented love. This display of God's love through human instruments is often a bridge to revealing Jesus and his Gospel. So, we have no such obligations to love our neighbour except that God told us that we should.

Our neighbour can't redeem us but our neighbour can sanctify us by loving. Our neighbour with no expectations of reward, we learn to love God freely, selflessly and abundantly. Every time God puts a person in our life, he is giving us an opportunity to grow in love and become more like home. When we love one another the divine image shines more brightly within us. So it is true, we don't strictly speaking need to love our neighbour, unless of course, we desire to grow in holiness, then there is no other choice.

-Mrs. Sandra Noronha



The Great Commandment (Matt 22: 34-40)

"When the Pharisees heard how Jesus had silenced the Sadducees, they came together. One of them, a teacher of the Law, tried to test him with this question 'Teacher, which is the most important commandment in the Law?' Jesus answered 'You shall love the Lord your God, with all your heart, with all your soul, with all your mind. This is the first and the most important of the commandment. But there is another one like it; You shall love your neighbour as yourself. The whole Law and the prophets are founded on these two commandments'"

In Matt 22:34-40, Jesus gives a summary of God's law, explaining that the most important commandments are love of God and love of neighbour. Broadly speaking, the Ten Commandments too can be categorised to reflect the same. The first category, consisting of the first four commandments deals primarily with the love of God, namely having no other gods, honouring God's name, keeping the sabbath holy (see Ex. 20:3-11). Love of neighbour is emphasized in the second category, which includes the other six commandments (honouring parents and the prohibition of murder, adultery, theft, false witness, and covetousness (see Ex. 20:12-17). Love of neighbour is also emphasised upon in Romans 13:8-10.

In Leviticus 19:18 the Lord says "Do not seek revenge or bear grudge against anyone among your people, but love your neighbour as yourself. I am the Lord."

So then in a very fundamental way, the whole of our religious practice is rooted in this two-fold commandment of love. We must love our God with our entire being and more than anything else. We show this love by praying and receiving the sacraments; by obeying God's word which comes to us in the scriptures and by doing His will in our individual vocations.

We also show love of God by loving our neighbour as ourselves. If we love ourselves correctly, then we can love others - our neighbour - correctly. We love them by desiring all good for them, including their eternal salvation. We love them by reaching out to assist them in their spiritual or material needs, in a tangible, visible and effective way.

Love of God and love of neighbour are connected. If we cannot love our neighbour whom we see, we cannot love God whom we have not seen (1 John 4:20). As we grow in our sanctification, we must find ourselves loving both God and neighbour more and more. If we lack love, biblically defined, for either God or neighbour, we are not living a life that pleases our Creator.

The root of any love, every and all love, is the love of God. The fruit of the love of God is the love of neighbour. Thus, one cannot really love anyone without knowing the true source of love, without experiencing the love of God for him/her. True love cannot happen without loving God first. Love of God is the starting point of true love.

Yes, " Love of God and Love of Neighbour" - you can accept both or reject both, but you cannot separate them or choose only one of them.

There is nothing you could do, that is more loving for others, than to act as a bridge between them and God. The more directly you act as a bridge, the greater your love for them and the more completely you fulfil this Commandment.

Reflect on the ways you can act as a bridge of love between God and others. Love is contagious and it must consume everything you are and everything you do.

Lord, I desire to love You with my whole being. Increase my love for you and allow that love to overflow into every relationship I have in life. May love be the one and only mission of my life. Jesus, I love you, Jesus I trust in you. Amen

- Savio Dourado



Love Of God & Neighbour

In world full of misery,
Full with dark history,
Where fake smile and broken heart,
Is become a new trend..

People have become so judgmental,
Without knowing we say they are mental,
People have become so self-centered,
That no one else mattered.....

God loves us all,
Through good and bad,
He knows even a strand of hair falling off,
He would not judge like others...

We are humans after all,
We do commit mistakes,
Let's not judge anyone based on assumptions,
Let's begin to help each other,
Through the journey of life,
Let's see God in our neighbor and others,
Let's begin to love God in each and every neighbor.....

- Anushya Wilson Nadar



To My God Through My Neighbour...In LOVE

In love of God and love of neighbour there is a common word i.e. "LOVE".

Love is the greatest gift. (1Cor.13:1-13). Love has been poured into our hearts by the Holy Spirit (Rom.5:5). Love must impregnate all the other gifts, for it is Love that unites, serves, builds up. And all the other gifts disappear and only love alone lasts forever.

According to Thomas Aquinas through charity we come to love God for his own sake and to love others and ourselves through our love in Him. It is through faith we know God. Through hope we desire to be with him and trust in Him to help us do so; here, love is the theological virtue of charity *that god infuses into our being*. Charity resides in our 'will' and the will desires, seeks, and loves the good. Love in the sense of charity seeks the highest good is the attainment of union with God.

Again Thomas A. shows, "how charity is really a state of Friendship between a person/people and God. The faithful God will not fail you after calling you to this fellowship with his Son, Christ Jesus our Lord" (1 Cor 1:9). Therefore this Love based on this friendship/fellowship is charity; it is evident that charity is the friendship of a person for God".

Love of God and love of neighbor are inseparable. Mk 12:28-34. More than that, they sustain one another. They are the two faces of the same coin; lived together they are the believer's true strength. To love God is to live of Him, for Him, for what He is and for what He does. And our God is **donation without reservations**. He is unlimited and infinite forgiveness. He is a relationship that promotes and makes one grow. Therefore, to love God means according to the market world to **invest one's energies** everyday to His collaborators in **serving our neighbour without reservations**, in seeking to forgive unlimitedly and in cultivating relationships of communion in neighbourhood.

Neighbour is not the one we **pre-select** but whoever we **encounter**. And it means offering our **attention** and 'fraternal closeness'- **love and tenderness**; not just to give a cup of coffee or tea. God who is love, created us for love; so that we can love others remaining united to Him. Loving God and loving neighbour are the main characteristic of the Christian discipleship.

And when the disciples asked Jesus, who is our neighbour? He narrates the parable of the Good Samaritan, (Lk. 10: 25-37). Where we clearly see, how the Samaritan shows charity towards the wounded person. The love that forces him to respond to the utter need of the person in charity. In that force of love exist God who is Love. That is why he says, 'love your God above all things and love your neighbor as yourself.

This challenges me as a Christian, Catholic, consecrated person in each moment of my life. Love is the healing medicine for the other; love is the healing touch for the other; love is the healing presence for the other. However it takes courage to love the other; it takes courage to touch the other with love; it takes courage to listen to the other with love.

- Sr. Jessy Joseph Nedumcheril FMM.

How to Find GOD?

Don't we all wonder sometimes?
Where around us, is God?
How without ever seeing him,
His glory and kindness we laud.
You want to thank Him,
For all the favours he has granted,
At times when we felt lonely,
How a hug from him was all we ever wanted.
We want to tell him we love him,
And prove it in all possible ways,
But we can only seem to do this,
When we know where he stays.
But he isn't far away,
He lives right next to you,
In all the people you greet each day,
And in your own family too.

In that little kid who looked at you,
And gave the wildest smile;
In that one friend who shows that he cares
In his own unique style.
In the family living next door,
Who might be annoying and mean;
In your boss or your teacher,
Whose kindness you've never seen.
So when you look for ways
In which, God to please;
Show that love to your neighbours,
God lives in and loves each of these.

-Rosita D'Mello

LOVE is a Helping Hand

The word Love, what is it
And where in your life must it fit
Its like, your life's a skit
And every scene only your mind can knit

Love my friend is one of the greatest gifts
It's in the air, delicately adrift
If only you recognize it, can it your senses lift
It comes in different forms, its connections do shift

Love isn't just about some desire
Don't misjudge it my friend, can't just compare it to fire
For sometimes it can be soothing like ice in times of mire
Or a guiding light, that in times of darkness inspire

The true joy of love is a hundred times more, when we give than when we take
When you actually feel it, this statement won't seem fake
In giving, you learn to put others before you for goodness sake
But how would you feel it, if you've still not let your life's train out of that empty rake

It's love, you can't just hide it in there
You must use it to help a neighbour in despair
The flame of unconditional love is brighter than you think and taller is its flare
Even the son of God gave up his life for others, and that my friend is very rare

I'm not asking you to give up your life for a neighbour in need
But you too would agree that extending a helping hand is a do-able deed
You must have heard the story of four friends of the crippled man in need
They carried him to Jesus, who thus healed him indeed

People remember the healing part
But there's more in this story that it can impart
If they hadn't got the crippled man to Jesus at the start
There would have been no healing, he would be just a crippled man in a cart

The point here that I'm trying to tell
Is that- it's time, you must get rid of that selfishness shell
Look around, there are people who are struck with misery and it seems like hell
Be that friend that can take him to Jesus and help him on earth in peace to dwell

In doing so, there's one thing you must know
You'll always have the love, of the neighbours you've helped when in sorrow
And anytime in life- you get stuck and fall low
God will not leave you, but certainly show you a better tomorrow

-Rebecca Micheal Mendonsa

Why We Should Not Worry

Worry and trust cannot live in the same house,
We would surely worry less about what others think of us if only we realized how seldom they do.

Worry is the interest we pay for the trouble much before it is due.

Worry does not empty tomorrow of its sorrow, it does empty today of all its strength.

How many of us toil to lay up riches which they never enjoy, to provide for exigencies that never happen, to prevent troubles that never come, sacrificing present comfort and enjoyment in guarding against the wants of a period that they may never live to see.

- Jovita Sequeira



Easter's Tale

Jesus was punished for a crime he had no play in
It was the people's rancour that locked him in
Now Pilate arrived and with his enraged jealousy
Tried to make the fair Jesus a liar's legacy
Turned his head into a needle-like crown
Stripping off his honour and bringing him down
Weight of his cross made him numb
Tortured with vinegar against his parched little drum
The pierced son now turns to death
With his last sigh made his beauty known
Left alone with two thieves on either side
He could have changed all this
And brought himself peace
He chose our lives on the cost of his
Faith comforted the tears which shed
As on the third day he rose from dead

- Sneha



Jesus My All In All

Jesus is my Creator,
He makes me his debtor
Jesus is my Shepherd,
He makes me the part of his herd
Jesus is my Saviour,
He makes me his amour
Jesus is my Prince,
He makes my problem mince
Jesus is my Morning Star,
He makes my enemies stay far
Jesus is my King,
He makes my sorrow fling
Jesus is my Rose of Sharon,
He makes my life a milestone

- Mishcaa

A Tribute To My Mother

A Precious gift from heaven above,
Who is so perfect in love?
Always willing to sacrifice.
Always willing to compromise.
She is so approachable,
Be it morning, noon or night,
She always makes herself available,
And fills me with delight.

Her love for me is unconditional,
Whether I am naughty or nice,
She always feels proud of me,
And gives me sound advice.

I run to her when I am in trouble,
And she gently calms away my fears,
She is the first one I share my joys
Cause when shared with her it will double.

Mummy Oh! Mummy!
I always have sweet memories of you,
And if I have anything to say,
I would love to say,
those beautiful words
"I love you"

-Anonymous

*Different forms of love, all through a single CHANNEL
Did I just hear you right, Is it called a "WOMAN"
Let's stride through her journey to know
All that she does for us and tries not to show*

*MOTHER, A child cries, as she is right there to hold
Like an guardian angel even when she gets old
Like a shadow, she follows through thick and thin
Only a mother will understand the needs of her kin*

*SISTER, is like a best friend strives for you always
No matter what, "I AM THERE", is what she says
In your times of crisis or joys, she is there to care
A shoulder to cry and a loving embrace to share*

*DAUGHTER, the sweetest and chirpiest of all
Dad's loving princess and mothers adorable doll
When you are back home after a tiring day
She is right there to hug, cuddle and play*

*WIFE, The companion and soulmate for life
Whom you can always turn to for any advice
The pranks, the plots and all the jokes
Takes in all with a smile for her folks.*

*Various forms, shades and roles of a woman
She play it all so well without missing on the fun
Imagine this globe without her gracious presence
WOMAN, binds us all together with her magical essence*

-Cynthia Rodrigues



Christian Love

Jesus said, "Thou shalt Love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind". This is the first commandment. And the second is like unto it, "Thou shalt love thy neighbour as thyself". (Luke 10:27)

The theme "Love of God and Love of Neighbour" revolves around these two greatest commandments God has given us.

To go a step further, the whole Law of God is summed up in Love of God and Love of Neighbour. Pope Francis said, "You cannot love God without loving your neighbour and you cannot love your neighbour without loving God." Christ's teaching consists in the union of these two commandments.

"Without deep experience of God's Love for us, our love for ourselves will be restricted and our love for others would be limited to our family and friends. As we learn to love God our self-worth increases and we begin to empathize with strangers and show God's great Love to them".

Love is to serve. To serve lovingly our brothers and sisters, especially those who are in need in our midst. By serving others, one expresses his/her authentic love for God. Loving God is abstract. unless it leads us to serving our community and others. Our community may mean our neighborhood, our parish community, or our domestic help and all the people we come across in our daily lives.

Few important questions that each one of us needs to ask ourselves:

Are we good neighbours?

Do we share our time, talents and treasures in our community?

Are we involved in building our community?

Are we an active member in our community or just a spectator to what is going on?

We Christians don't get involved in community activities just for the sake of getting involved. Both the Church and its members should get involved solely and importantly to carry on God's work and follow Jesus's teachings.

Love of God and Love of Neighbour are inseparable. "Those who love God must love their brothers and sisters also." (1 John 4:20, 21)

So, let us Love one another because Love is from God, those who Love are born of God and know God.

Holy Eucharist is the greatest form of God's Love for Human Race.

"For God so loved the world that he gave his only begotten Son, that whosoever believeth in him shall not perish, but have everlasting life." (John 3:16)

We need to love our neighbours whoever they are. If we are blinded by our own bitterness or anger, we need to pray to God to give us his eyes to see His beloved creation as He does.

Another act of loving our neighbour is to be praying for them wholeheartedly, even for the ones who make false accusations.

We need to rejoice with them in their happiness, comfort them and mourn with them in their times of grief and difficulties.

We need to be ready to accept our own shortcomings and learn from our mistakes and that will lead us closer to Christ.

We should be able to accept people the way they are and not be judgmental about others.

We need to be united in the Love of God and stand firm in our beliefs and challenge one another to live and follow the Lord's commandment of loving each other.

-St. Paul Community Members

सच्चा प्रेम

परमेश्वर का प्यार दिव्य प्यार है। वह कभी समाप्त नहीं होता। ये दिव्य प्यार हम सबको परमेश्वर अनेक तरीको से दिखाता है। परमेश्वर हमे प्यार करते समय कभी पक्षपात नहीं करते, वे सबको एक समान प्रेम करते है। एक व्यक्ती को इस प्यार को समझने के लिए पर्याप्त बुद्धि होनी चाहिए। वह हमसे आमने-सामने बाते करके अपना प्यार दिखाता है (जैसा अब्राहम और मौझेस के साथ), उन्होंने अपनी पवित्र आत्मा के माध्यम से अपने प्यार का इजहार किया, वह हमारी आत्मा के ज+रिए अपना प्यार दिखाता है, वह अपने शब्दों के माध्यम से अपना प्यार दिखाता है, वह अपने चुने हुए लोगों जैसे नबियों, पुजारियों और अन्य अभिषिक्त लोगों के माध्यम से हमें अपने प्यार का इजहार करता है, वह हमारे सपनों के माध्यम से भी अपना प्यार दिखाता है। उसका प्रेम हमें हमारे कष्टों और हमारी कठिन परिस्थितियों के माध्यम से दिखाया गया है।

हमारा पडोसी कौन है? हम जानते है कि हम मनुष्य ईश्वर की छवि के रूप में निर्मित है। इस प्यार को कैसे साझा करें? हमे परमेश्वर ने दिया हुआ इस प्रेम को एक दूसरे के साथ साझा करना चाहिए। इस मानव समाज में सभी लोगो को अनेक प्रकार का आशीश मिला हुआ है, लेकिन कुछ लोगों को जरूरत से ज्यादा आशीश मिला हुआ है। यह आशीश, प्रतिभा, अमीरी आदि गरजमंद लोगों के लिए साझा करके उनके मनुष्य के उन्ती के तरफ काम करना चाहिए। यही है एक पडोसी के लिए सच्चा प्यार होगा।

- Cyril D'Souza



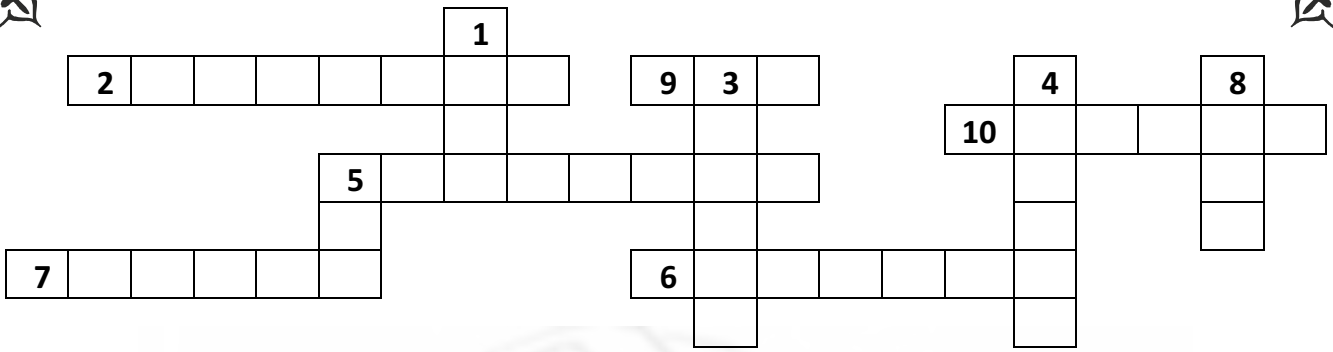
Word Maze

M	O	T	H	E	R	M	A	R	Y	A	B	P
C	M	O	Q	X	G	C	O	T	I	M	S	E
L	D	K	I	N	D	N	E	S	S	B	R	A
E	N	P	Z	H	L	H	R	N	E	I	L	C
G	F	E	R	Y	O	A	G	C	F	B	V	E
O	G	T	F	S	V	X	S	O	D	L	O	T
D	I	R	W	J	E	S	U	S	M	E	J	N
H	K	J	S	V	U	B	Y	E	P	U	C	Q
W	N	D	P	I	Q	T	P	Z	A	K	K	Z
N	E	I	G	H	B	O	U	R	T	B	P	R
U	Q	V	O	Y	H	X	J	H	G	L	F	K
L	M	H	O	L	Y	S	P	I	R	I	T	E
C	H	A	R	I	T	Y	D	C	I	B	J	A

Find: Charity, Love, Peace, Jesus, Kindness, Hope, Mother Mary, Holy Spirit, Bible, God, Neighbour.

-Candice D'Costa

Puzzle



Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. “ The second is this “Love your neighbors as yourself” Mark 12:28-34

Across

2. A person who lives near or next to one another
5. The most important, better than all others of the same kind
6. Someone who educates or trains other
7. Coming next in order after the first one
9. A system of rules or principles
10. Something good received in return for good behavior

Down

1. To have a deep feeling of affection or attraction for someone
3. A spoken or written reply to a question
4. The centre and source of a persons emotions as feelings
5. The creator of heaven and earth
8. To talk to God

-Anonymous



Recipe to be a Good Neighbour

Ingredients:

- A sprinkling of happiness
- 1 pinch of kindness
- 1 teaspoonful of understanding
- 2 spoonful of sharing and forgiveness
- 50 g of smiles
- A handful of helpfulness
- 3 heaped tablespoons of love
- 1 litre of cheerfulness
- 100 g of respect
- Dusting of good listening

Method: Mix all of the ingredients together and you will be a good neighbour for others.

Please Note: Avoid addition of hatred, jealousy, cruelty, selfishness, gossips and all negative qualities.

-Anonymous

Crossword Puzzle

Please refer to the **Bible** for decoding the message of **LOVE** :

HAVE Refer **Corinthians 13:18**

IN THE Refer **Luke 6:36**

OF Refer **Psalm 136:26**

WHOSE Refer **John 3:16**

Refer **Philomen 1:25**

Refer **Romans 5:8**

HAS AN Refer **Jeremiah 31:3**

Refer **John 15:13**

FOR US AND TEACHES US TO Refer **Luke 6:28**

OUR Refer **Luke 6:35**

AND Refer **Ephesians 6:18**

FOR THEM AND LOVE THEM

PRAY FOR THEM AND LOVE THEM.

ANSWER: HAVE FAITH IN THE MERCIFUL GOD OF HEAVEN WHOSE SON JESUS CHRIST HAS AN EVERLASTING LOVE FOR US AND TEACHES US TO BLESS OUR ENEMIES AND

-Irene Ruben



Puzzle

$$\begin{array}{r} \text{Spend} \\ - \text{Less} \\ \hline \text{Money} \\ \hline \end{array}$$

- Above is just a simple equation read as **(Spend - Less) = Money**
- > Consider the following if each alphabet stands for a unique number from 0 to 9.
 - > The same alphabets cannot have two numbers.
 - > You have to prove that the above equation is incorrect & not valid

- Trevor Sequeira

Puzzle

Word search

Q	K	S	T	R	E	N	G	T	H	C	G
T	R	E	S	G	M	N	J	I	T	O	K
E	G	C	Q	K	R	S	T	V	H	M	I
A	F	O	S	W	X	E	U	E	R	M	N
C	A	N	O	A	Q	L	A	W	O	A	G
H	T	D	U	D	N	R	U	T	V	N	D
E	H	X	L	W	T	S	X	Y	E	D	O
R	E	Z	Q	O	K	V	W	J	V	S	M
C	R	F	D	R	U	X	Z	E	L	X	T
D	Y	O	U	R	S	E	L	F	R	M	N
G	Z	J	T	O	M	V	Y	U	J	Z	M
E	V	M	N	E	I	G	H	B	O	R	I
H	X	T	X	Z	V	J	U	N	W	X	N
I	M	P	O	R	T	A	N	T	Z	V	D
L	J	Q	U	E	S	T	I	O	N	S	T

Find these words

1. MIND
2. NEIGHBOR
3. GREATEST
4. SOUL
5. IMPORTANT
6. LOVE
7. YOURSELF
8. STRENGTH
9. LAW
10. ANSWER
11. TEACHER
12. SECOND
13. QUESTIONS
14. KINGDOM
15. HEART
16. GOOD
17. FATHER
18. COMMANDS

Thoughts On Maturity

- Maturity is the ability to control anger and settle all differences amicably i.e. without any violence and destruction.
- Maturity is humility, being big enough to say “I was wrong” and knowing when NOT to say “I told you so”
- Maturity is the ability to make decision and stand by it.
- Emotional maturity is the capacity to find more satisfaction from giving than receiving.
- A mature person never feels too great to do the little things and is never too proud to do the humble things.
- A mature person never accepts either success or failure in themselves as permanent.
- Do not have the notion that success means only making money.

- Jovita Sequeira



*With
Best
Wishes*
from

Lyra Cabral

&

Liam Lobo

"May the Lord make your love increase and overflow for each other..." 1 Thes. 3:12

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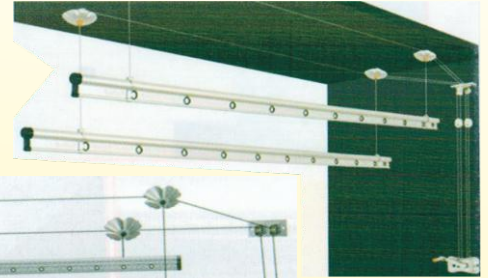
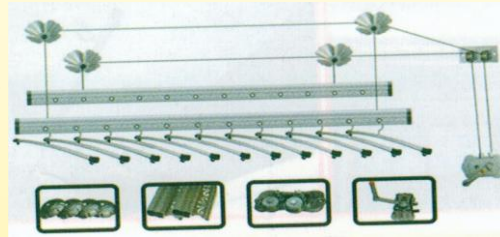
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"For God did not give us a spirit of timidity, but a spirit of power, of love, and of self-discipline." 1 Timothy 1:7

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Best Wishes

*Thank you God for the blessings to our family!
For the strength you gave us each day and for
all the people around in this community
who make our lives more meaningful!!*

from

CHRISTOPHER FRANCIS & FAMILY

L

"How great is the love the Father has lavished on us, that we should be called children of God!" 1 John 3:1

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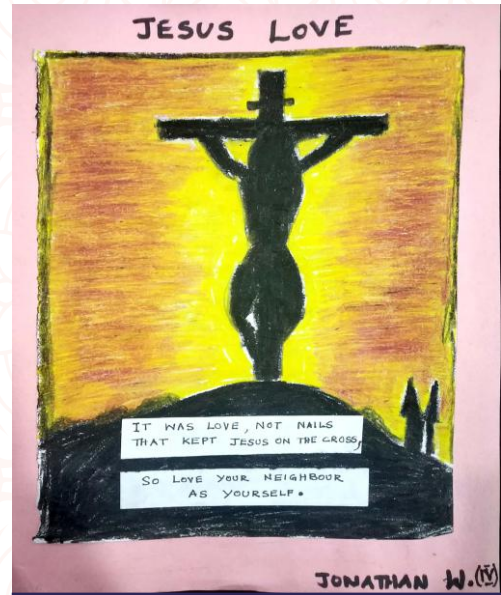


"Husbands, love your wives, as Christ loved the church and gave himself up for her." Ephesians 5:25

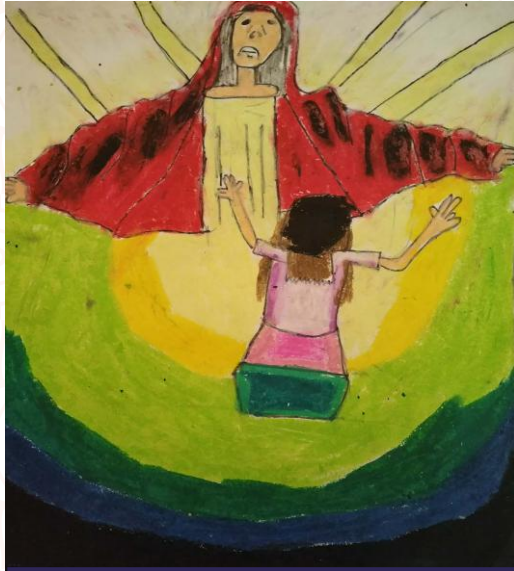
Painting & Drawings



Jaden Roxburgh (VII)



Jonathan W (IV)



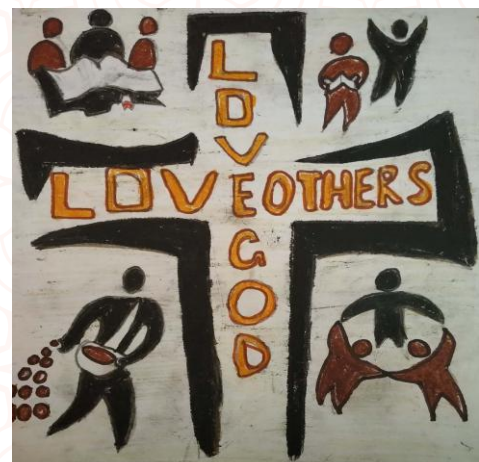
Joanna D'Souza (I)



Jessica Jade W.



Chris D'Costa (VII)



Aiden.F (II)

Parish Picnic

9th February 2019

Break time for the lovely parishioners of St. Francis de Sales

From the many initiatives to agglomerate the love of God, our Parish Priest Fr. James organised a wonderful Parish Picnic. It was one of the highlights of the year for it's overwhelming response and enthusiasm. From a toddler to an oldster, it bunched up over a 120 people to share joy, happiness and togetherness at the Farmer's Den Resort, Badlapur.

This group's zeal took them 40 km away, kick-starting at 7. 00 AM in two large buses full of ardour.

All good things start by praising the Lord, and Fr James offered a prayer before the start of the journey. It followed with fun and masti with antakshari in the bus and snacks shared with all. Before we could realise it was around 9 am, and we had reached our resort spot amid the lovely greenery and jungles of Badlapur. It was a picturesque location, and we all were thrilled to be there.

Fr. James celebrated the Eucharist, thanked the Lord and prayed for a great day ahead.

After Holy Mass, we headed for our breakfast tables and had our full. Next, we broke up into groups, and the organising team had games for all age groups. It was entertaining to see the young and the old, the priest and the nuns all competing against each other and enjoying themselves. After all the running about, it was time to cool down, and we headed to the swimming pool and the rain dance.

Starters were served at the poolside since no one wanted to come out of the pool. Soon it was time for lunch, and we had a sumptuous meal. The afternoon was time for relaxing, and some chose to walk down the riverside, while some others were seen playing cricket and carrom board and the children were on the swings and all over the place as the whole resort was all but ours.

Next, all sat down for the game of housie. Prizes were distributed to winners of various events during the day

Towards the end of the day, everyone took a smile on their faces and love in their hearts.

“How good and pleasant it is when God's people live together in unity!”

What a great expression by these community members!

We thank the Parish Priest for organising such a wonderful picnic.

Golden memories of this beautiful day were captured on film. Check out the same.



Church Picnic



9th February 2019



St. Joseph's Community Picnic

An SCC Activity

Our community organised a picnic on 10th November 2018, a Saturday. On hearing the announcement of the date and venue, everyone was so excited. With great enthusiasm and interest, we finalized the venue - A farmhouse at Karjat. This farmhouse was suggested by Mrs. Cynthia as it belonged to her family friend.

On the day of the picnic, sharp at 6 am, the bus fully packed with 40 of us, headed towards Sri Samarth Farmhouse. All were really excited to reach our destination and we began our bus ride with prayer and the rosary. We then played Antakshari and in a joyful mood reached our destination at 9 am.

We were given a warm welcome by the owner of the Farm House, with cups of refreshing, hot tea. We were then asked to freshen up and join them for breakfast. With delicious Omelette Pav and Poha with tea, our breakfast was a treat.

Our youth then organised 'Musical chairs', which was enjoyed by everyone, the children to the elders. Following this, we played tip-football for all age groups and had a lot of fun running and throwing the ball around in all directions. Although noisy, it was fun to play and watch such a lively game.

We then entered the swimming pool, and took our chance to perform some silly stunts. We also played throw ball in the water, by forming two teams.

After a tiring and fun packed morning, we all headed for lunch. The aroma of the delicious food awaiting us in the dining hall triggered our hunger. We relished the multi-cuisine menu that included the Rice Roti (bhakri) with Chicken curry, Chicken Fry, Dal and Jeera Rice.

After lunch, the sound of foot tapping dance music attracted every one, both young and old alike, onto the dance floor, dancing away with great energy to the thumping dance beats of Tunak tunak tun Tunak Tunak tun tarara...

The highlight and the most attractive activity of the day was ramp walking, where the hidden talents of our super models were brought out to the fore and was enjoyed by all.

Later the children were allowed to play in the park and elders enjoyed the beautiful scenery of the surrounding green mountains.

We then had a prize distribution programme and relished the moment with a cup of evening tea. We then boarded the bus to head towards our next awaited destination, the famous Karjat church.

In an hour, we reached the church, which was under renovation. We recited a small prayer and the Rosary in the church. We clicked group pictures and venerated Mamma Mary and then walked towards the bus for our journey back home. We reached home at about 9:30 pm. The smile on everyone's faces showed that we all had fun.

St. Joseph's Community Picnic



God so loved the world,

that he gave his only son.

What God has united in heaven, let no man divide it here on earth.

Her original sin has been washed away. From now on she is God's child.

Your sins are washed by the blood of Jesus.

Suzana

-Dr. Suzana

CHURCH EVENT PHOTOS....

Nativity of Mother Mary - 8th Sept, 2018







Blood Donation Camp



24th March 2019





Carol Singing Competition - 2018



30th December



Adoration Chapel & Parish Office Inauguration

23rd December 2018





Christmas - 2018





Crib Competition



27th December



SFS



St. Joseph



St. Paul



St. Peter



St. Thomas



St. Luke



St. Anthony



St. John the Baptist



St. Theresa



St. Jude



Star Competition



23 December



St. Anthony



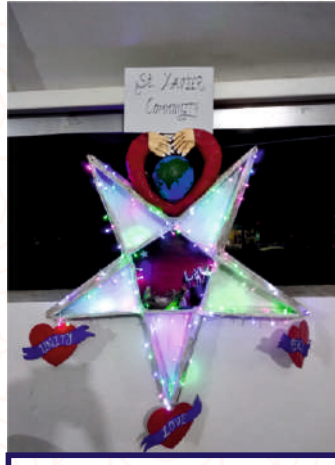
St. Luke



St. John the Baptist



St. Jude



St. Xaviers



St. Joseph



SFS



St. Paul



St. Thomas



St. Peter



St. Theresa of Child Jesus



Republic Day - 2019





Parish Cultural Feast



27th January 2019





Medical Camp -2018





Fr. Kennedy Farewell





Founder's Day



Fr. James Birthday



Christmas Celebration for Senior Citizen





Sunday School Events

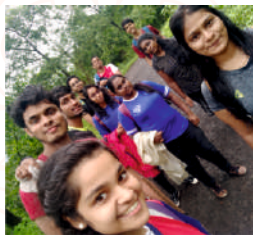


Visit to Talaja Home





Our Dynamic Youth



Youth Activities

- ✓ Youth Trek to Kothaligadh on 19th August 2018.
- ✓ Deanery Day Carol Singing Competition by Youth:
- ✓ Ashram visit by youth : 9th Dec 2018
Location: Taloja Ashram (Children's & Women's Ashram)
- ✓ On 29th Dec 2018, Youth Games from 9am to 12pm organised by PPC members.
- ✓ Deanery Sports Day held on 20th Jan 2019 at Vashi Parish:
 - Carol Mascarenhas won a gold medal for 100 meter running race
 - Beverly Borges & Carlton Mascarenhas won bronze medals for Table Tennis Doubles.

Lenten Pilgrimage

6th April 2019



Let's Celebrate !!



Anne Pereira
Completed CA



Chirag Soi
Automobile Engineering



Rosepreethi Kingsly Rathi
MSc Information Technology



Noorina Fernandes
MSc Food Science & Technology



Shanyce Fernandes
1. B.B.A. (INSURANCE & RISK MANAGEMENT),
DOC, Manipal University - **Best Academic Performance**
2. Graduated as **BEST OUTGOING STUDENT**
awarded **GOLD MEDAL**

Achievers In Extra Curricular Activities



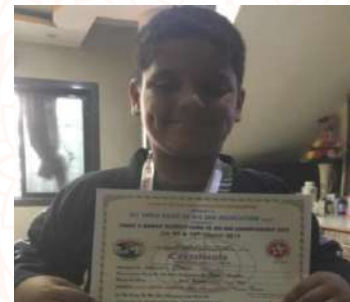
Galvin Serrao
Silver Medal National Level open Kungfu & Karate
Championship under 14
Held in Hyderabad



Percy D'Souza
Std 1 Christ Academy
1st in 50 meters Race, 1st in Long Jump,
2nd in Ball Bucket



Maverick Prasanna
Std VI St Xavier's High School
1st Prize in Debate Competition at Zonal Level
Best Speaker Award



Gracian Serrao
Kung Fu Wu Shu Championship
Gold Medal

PPC Members



Fr. James Mascarenhas MSFS
CHAIRMAN



Anand Francis Prasanna
VICE-PRESIDENT
St. Paul



Jeeni A Antony
SECRETARY
St. Thomas



Angela Almeida
St. John the Baptist



Shila Mendonsa
St. Francis de Sales



Suresh Wilson
St. Joseph



Matilda Fernandes
St. Francis Xavier



Jovita Sequeira
St. Theresa of Child Jesus



Samporna Dominic
St. Jude



Roseline R Kharat
SCC Steering Committee



Rosy Paul
St. Anthony



Benedicta Nadar
St. Peter



Hansa Arakal
St. Luke



Godwin Lewis



Peter Paul



Josey Joseph



Hubert Fernando



Sr. Bimla
FMM Sisters



Sr. Joanna Lobo
Salesian Sister



Beverlly Borges
Youth Group

with best compliments from



Hindi Tuitions from STD 1 to STD 10
(Hindi subject)

Highlights

- Individual attention
- Extensive preparation for examination



kotak
Kotak Mahindra Bank

I have joined Kotak Mahindra Group as a financial planner. Kotak Mahindra Group is one of India's leading Financial Services Conglomerates. I would like to share my ideas on investment policies with whoever is interested in investing and getting benefits of the schemes. Pool your money and get excellent benefits.

Kindly contact to ensure a secure future.

Jyoti D'Souza

Mob- 9819083382





MASS TIMINGS

Mon - Sat: 7:00 am & 7:00 pm
Sunday: 7:15 am, 8:30 am & 6:00 pm
Children's Mass : 9:30 am
(except on 1st Sunday of the month)

CATECHISM

Sunday School : 8:30 am

OFFICE TIMINGS

Morning: 9:00 am -1:00 pm

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Website.: www.stfrancisdesaleskk.com

